# Quitline

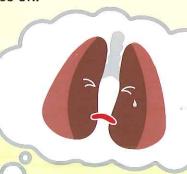
Health Promotion Administration, Ministry of Health and Welfare, Taiwan, R.O.C. is sponsored by Health and Welfare Surcharge of Tobacco Products

### **Smoking Hazards**

Smoking is the leading killer in Taiwan and causes more than 20,000 people to die each year. The death number is equivalent to an average death of 1 person every 25 minutes from tobacco hazards. There are over 7,000 chemical substances in smoke, 93 of them are carcinogenic and 15 of among them are classified by International Agency for Reseach on Cancer(IARC) as "group 1 carcinogen" Smoking may cause cancer, heart diseases, apoplexy, skin aging, chronic lung diseases, and so on.

### Second-hand Smoke Hazards

Significant exposure to second-hand smoke increases 30-65% risks of cardiovascular diseases and stroke death, and 20-30% risk of lung cancer which is higher than the general public. second-hand smoke will cause or exacerbate children's respiratory diseases, and link to children's leukemia, lumphoma and diseases in the brain and central nervous system, and hepatoblastoma.



### **Smoking Cessation Q&A**

# Questions regarding services, opening hours and charges of Smoking cessation hotline

- 1. One-on-one telephone counseling is provided; The counseling is also available to their family and friends.
- 2. Services is available Monday through Saturday 9 AM to 9 PM.
- Landline or mobile phone are toll-free services

# **Smoking Cessation Solutions**



- 1. Toll-free smoking cessation hotline 0800-636-363
- 2. Second generation smoking cessation program of contract medical institution and public health center in 13 districts: subsidiary smoking cessation medicines, smoking cessation health education and smoking cessation classes)



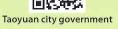


Address: No.55 Xianfu Rd., Taoyuan District,

Taoyuan City 33053 Taiwan

Tel: 03-334-0935









# **Indoor Workrooms & Workplaces**

# **SMOKE-FREE**

## Range of smoking ban

**Industry** 

Indoor workplaces used by three or more persons, government agencies, public-owned, financial institutions, post offices, telecommunication industries

Food

Western style restaurants, etc.)



Clothing

Marketplace(eg. Department stores, convenient stores, supermarket, hypermarket)



Housing

Hotels, elevators, medical institutions, nursing institutions, other medical institutions and social welfare institutions



Mass transportation vehicles, taxicabs, tour buses, the MRT Transportation system, stations, and traveler waiting areas, etc.

Education

Schools at all levels, libraries, laboratories, performance halls, auditoriums, conference halls, museums, art galleries, other cultural or social education institutions and other places where provide educational purposes for children and teenagers

**Entertainment** 

Opera houses, movie theaters, audiovisual singing businesses (eg. KTV, MTV, Karaoke), information leisure businesses(eg. Internet Cafe), exercises, sports or body fitness places and other public leisure entertainment places.



Penal Provisions: On the basis of the article 31 of Tobacco Hazards Prevention Act

**Proprietor:** The person in charge of the company shall set up conspicuous non-smoking signs at all of their entrances, and shall not supply smoking-related objects. Violator will face a fine in an amount of no less than NTD 10,000 but no more than NTD

Smoker: Any person smoking in the non-smoking area will be punished by a fine in an amount of no less than NTD 2,000 but no more than NTD 10,000



