Best Baby Sleep Tips Healthy Baby Growth~

Tip 1 Sleep on the Back Always put your baby to sleep on the back

TipNo PillowNever let your baby to sleep with a pillow

Always sleep in separate bed with your baby even in the same bedroom



Tip

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Make sure the blanket is placed no higher than chest level and keep their hands free

Tip **5** No Soft Objects

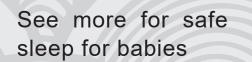
Avoid Stifling

Never put any pillow, blanket, soft toy or crash pad on the crib

Dear Parents,

Inappropriate infant sleep environment is the major risk factor of sudden infant death syndrome (SIDS) of babies aged under one. Learn these five tips to avoid any accidents and allow babies to grow healthy!







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